

Readiness Program

The Airman & Family Readiness Center provides support for active duty members and their families in all phases of deployment, from pre-deployment to homecoming and reunion. Many services, classes and resources are available, including:

- Pre-deployment briefings provide information on a host of resources, benefits and entitlements available to deployed members and families.
- Deployed Spouse Packages provide information regarding coping with deployment and support programs such as AFAS Car Care program, Give Parents a Break, and Hearts Apart Events.
- Monthly Hearts Apart events provide social networking and resources for spouses and families of deployed members. The events are hosted by the A&FRC & Team Buckley First Sergeants.
- Reintegration resources are always available through the A&FRC Discovery Center. Additionally, Reintegration Briefings provide information to ease with the adjustment back into work and life at Buckley.

Relocation Assistance Program

The A&FRC helps single and married military members and their families prepare for relocation to a new base, or adjust to life at their new base upon arrival. The Relocation Assistance Program provides:

- Newcomers Base Orientation - workshop for newly arrived personnel regarding base services, policies, local community information, and mandatory briefings. Spouse are welcome to attend but childcare is not provided.
- Up-to-date information about your new base & community to prepare you before you move, via Military Installations/ Plan My Move: <http://www.militaryonesource.mil/moving>
- PCS With Ease Workshop - Get all of your questions answered from A&FRC, Legal, Finance, TMO, and others regarding need to know information to help prepare you for your move.

School Liaison Officer (SLO)

The SLO is the installation's liaison with the local school districts to include home schools, private schools, charter schools and virtual schools. The SLO is committed to ensuring you are well informed about local education policies and schools so you can make an informed decision regarding which school will best fit your child's needs. The SLO can often assist with issues you may be experiencing. Contact the SLO at 720-847-6694.

Personal Work Life

Personal & Work Life, P&WL, provides prevention/enrichment education and consultation to enhance social competence for couples, individuals, and families to build resilience skills that assist with the mobile military lifestyle. Services focus on the development and improvement of interpersonal competencies and social relationship skills. Our P&WL services compliment those offered by other helping agencies and are offered in individual or group settings. The following programs are available:

- 4 Lenses Workshop is an easy and effective method to learn how to identify and understand personality and temperament preferences. Having this understanding can enhance relationships within one's personal life and in the workplace.
- Heart Link Spouse Orientation is a great way for new spouses to learn the ins & outs of being a military spouse. The interactive workshop covers topics such as customs & courtesies, common acronyms, base support agencies, etc.
- 10 Great Dates - each date is designed to help you concentrate on a separate skill to build and maintain a successful marriage.
- Bundles for Babies, sponsored by the Air Force Aid Society (AFAS), this class covers financial aspects of bringing up a child. Other helping agencies are on hand to provide information. Expecting AD parents receive a layette/bundle from their respective Aid Societies upon completion.
- Various Couples Workshops - offered throughout the year in the center, chapel or in units to address specific needs couples may be encountering.
- Deployment Readiness Workshops Based on Emotional Intelligence and Four Lenses these workshops help families to prepare for deployments and to maintain strong connections and bonds during deployments.
- The Key Spouse Program provides consistent communication and support between unit leadership and the family members of the unit.

Crisis Assistance (EFAC)

During times of crisis from acts of Nature or Man such as Katrina or 9-11, the A&FRC becomes the Emergency Family Assistance Center (EFAC). Normal center operations cease and the A&FRC becomes the focal point for assisting individuals impacted by the event. Agencies join forces with A&FRC staff such as Mental Health, Legal, Chaplains, American Red Cross, Public Affairs, and Air Force Aid to provide one-stop assistance to those impacted by the crisis. In addition to information, advice, financial aid, and counseling services, individuals can utilize the EFAC communication center with phone lines and computers to reach loved ones around the world. The EFAC also provides information to the community and victims via the EFAC line 720-847-EFAC (3322).



Buckley AFB
Building 606 Rm 140

Phone: 720-847-6681
DSN Phone: 847-6681
Fax: 720-847-6697
DSN Fax: 847-6697

Hours: M-F 0800-1600

Closed Federal Holidays & Family Days

For a current list of classes
Like us on Facebook:
www.facebook.com/460FSSAFRC

Information and Referral

The A&FRC's links individuals and families with the right resources and provides skills to meet specific work and personal life needs. These skills and resources are provided through workshops, appointments, and self-help materials in the A&FRC Discovery Center. If the A&FRC cannot provide assistance, referrals will be made to programs or agencies that can assist.

Transition Assistance

Members separating /retiring from military service are required to participate in the Transition Assistance Program (TAP) which includes:

- A pre-separation benefits briefing .
- 5 day Transition GPS workshop taught in partnership w/Department of Labor & Veterans Administration.
- Capstone appointment, which is an individual evaluation of a members career readiness standards.

Pre-Separation, 5 day Transition GPS Workshop, VA Benefits Briefing I&II and the Capstone are MANDATORY. Pre-separation counseling must be completed at least 90 days before separation/retirement and is a prerequisite to attend the mandatory 5 day TAP GPS workshop. Capstone must be completed no earlier than 180 days and no later than 90 days before separation or retirement .

Additional assistance is provided in workshops and via one-on-one appointments in areas such as Federal employment, resume writing, job search, interviewing, goal setting, etc.

WOUNDED WARRIOR ASSISTANCE

Wounded Warriors are assigned a CRC/T to assist them individually with all of the above to include additional benefits counseling, and advocacy/connections with services through the AF, VA, Social Security, and other benefits agencies.

Survivor Benefits Program

Prior to retiring, every service member and their spouse will receive a thorough briefing on the various aspects to consider regarding whether or not to participate in the Survivor Benefits Program (SBP). The briefing is mandatory for the service member and encouraged for spouses.

Air Force Families Forever

The Air Force is committed to the families of AD members after they have fallen. This program reaches out to families during the first year following the AD Member's death to ensure the family's concerns and needs are being met.

Volunteer Program

The Airman and Family Readiness Center coordinates requests for volunteers with agencies needing assistance. Both active-duty members and dependents are invited to visit the A&FRC to learn about available volunteer opportunities. In addition to the altruistic benefits of volunteering, volunteers can also:

- Get free on-the-job training & build/maintain skills
- Make new friends
- Stay involved in the community

Casualty

The casualty and survivor benefit plan office provides education and counseling on benefits offered such as those from the DoD, VA, IRS, Social Security, DHS, and state and local agencies. This office also assists in times of injuries and deaths and is responsible for providing prompt and accurate casualty reporting, notification to surviving families and follow-on assistance for as long as needed. Education is provided regarding Servicemember's Group Life Insurance (SGLI), Virtual Record of Emergency Data (vRED) completion and participation in Survivor Benefit Plan (SBP) as well. SGLI provides insurance up to \$400,000.00 to designated beneficiaries while the vRED is a vital part of each member's military personnel file, providing the Sole source contact information for primary next-of-kin, secondary next-of-kin, and other persons to notify in case of an injury, emergency or death. The vRED serves as the official document required by law for designating beneficiaries for Death Gratuity, Unpaid Pay and Allowances and the Person Authorized to Direct Disposition of remains.

Emergency Financial Assistance

The Air Force Aid Society (AFAS) is the official charity of the US Air Force. Assistance is provided to active duty members, and on a case by case basis to their spouses. Assistance is also provided to other branch personnel through an agreement with AER, NMCR, and Coast Guard Relief to eligible personnel. Financial assistance can be provided for help with some of the following::

- Basic Living Expenses (Rent, Food or Utilities)
- Money for travel for an family member's funeral/illness
- Car repair for an essential vehicle

In addition, the Air Force Aid Society also offers educational assistance programs and community programs.

- Heart Link
- Give Parents A Break
- Hap Arnold Scholarships
- Bundles for Babies
- PCS Childcare
- Respite Care Programs
- Car Care Vouchers

To apply for assistance go to www.AFAS.org and select location as Buckley AFB when creating your account for assistance.

Personal Financial Readiness

Meeting financial obligations and goals is a common objective of every family. The Personal Financial Readiness Program offers information, education, and personal financial counseling. Information, news articles, and other written materials are available to assist with personal financial management. A&FRC staff are available for one-on-one appointments and also offer workshops to assist with:

- Personal Financial Status Analysis
- Budgeting & Credit Management
- Debt Education and Reduction
- Consumer Protection & Account Maintenance
- Financial Planning for Deployment or Remote Tours
- The Basics of Investing/TSP
- Savings and Planning for Retirement

A&FRC also provides mandatory financial briefings for First-Term Airmen and First Duty Station Officers, as well as all newcomers E-4 and below.

The center has AFCPE Certified Financial Counselors and staff certified as Identity Theft Specialists & Credit Report Reviewers.

Exceptional Family Member Program - Family Support (EFMP-FS)

The Air Force recognizes the unique needs of military families with special needs dependents through the Exceptional Family Member Program. The A&FRC has a designated EFMP-Family Support Specialist on staff to assist you and your family with linking to on/off base resources, accessing EFMP sponsored activities, navigating the system, accessing information, and ultimately getting your families unique needs met. The staff is also available for one-on-one consultation as requested or needed.

Career Focus

Airman and Family Readiness Center staff can help Air Force family members with employment issues both on and off-base. Through the Employment Assistance Program, the Air Force spouse can learn the skills and techniques required for a successful job search. The services provided include:

- Resume writing classes
- 1-1 assistance with resumes and CVs
- Referral to on- and off-base employers

Staff assist customers to identify their skills and interests. The Discovery Room contains up-to-date computer equipment to assist with job search, resume writing, and filling out federal forms and applications.