



2011 ANNUAL FITNESS PLAN/SPECIAL EVENTS CALENDAR

EVENT	DATE	LOCATION
Buckley's Biggest Loser	January - April	Fitness Center <i>Erin/Audra/Louis/HAWC</i>
Wallyball Tournament	17 March	Fitness Center <i>Audra</i>
3 v 3 Indoor Soccer Tournament	30 March	Fitness Center <i>Louis</i>
3 Point Competition	13 April	Fitness Center <i>Erik</i>
Spin-a-thon	15 April	Spin Room <i>Michael</i>
Buckley AFB Half Marathon	30 Apr	Roads of Buckley AFB <i>Louis/Scott/Erin/Audra</i>
Ultimate Kickball Tournament	12 May	Outdoor Athletic Field <i>Scott</i>
Preseason Softball Tournament	23-27 May	Softball Fields <i>JC</i>
America's Kids Fun Run	21 May	Hangar 909 <i>Youth Pgm</i>
May Fitness Month	all of May	Fitness Center <i>Audra/Erin</i>
Buckley Duathlon	25 June	Buckley AFB <i>Michael</i>
Sand Volleyball	21 July	Sand Volleyball Court <i>Audra</i>
Adventureman Race	13 August	Buckley AFB <i>Bobby/Louis/All staff</i>
Ultimate Frisbee Tournament	25 August	All-Purpose Field <i>Scott/Louis</i>
Outdoor Soccer Tournament	14 September	All-Purpose Field <i>Louis</i>
Buckley Mini-Triathlon	18 September	Buckley AFB/TBD pool <i>Louis/ All staff</i>
Sports & Field Day	30 September	Outdoor fields and courts <i>JC/All Staff</i>
Power Lift Competition	15 October	Fitness Center <i>Michael/Bobby</i>
Grim Reaper 3 Mile Relay	31 October	All-Purpose Field/Track <i>Erin/Louis</i>
Turkey Trot 5K Fun Run/Walk	22 November	All-Purpose Field/Track <i>Erin</i>
Dodge ball Tournament	14 December	Fitness Center <i>Scott</i>
Holiday Fitness Challenge	All of December	Fitness Center <i>Erik</i>
Incentive Programs	Ongoing	Fitness Center

Note: Please notice we have available monthly calendars with all of our Group Fitness/Aerobics classes in the Fitness Center lobby.

